

Mimosa Canteen Menu 2009

CANTEEN OPEN
Monday, Wednesday & Friday

Hot Food

Available on all canteen days

Hot Cheese Roll -

½ \$1.00 Full \$2.00

Hot Ham & Cheese Roll

½ \$1.30 Full \$2.50

Hot Ham, Cheese & Tomato Roll

½ \$1.40 Full \$2.80

Chicken Burger

With lettuce & mayo \$3.00

Lite Meat Pie

\$2.60

Lite Sausage Roll

\$2.00

Pizza Pocket Ham & Pineapple

\$1.80

Chicken & Corn Roll

\$1.50

'Fantastic' Noodles in cup

\$2.20

Tomato sauce

.20c

Daily Specials

Available on Monday only:

Hokkein Noodles

\$2.50

with chicken & vegetables

Wrap filled with -

\$2.80

Sweet Chilli Chicken Tender,

Lettuce, tomato & mayonnaise

Available on Wednesday only:

Homemade Twista Pasta

\$2.60

With Bolognese sauce

Chicken Nuggets & small salad tub

3 nuggets \$2.60

5 nuggets \$3.20

Available on Friday only:

Homemade Macaroni Cheese

\$2.60

Beef Burger

\$2.80

With lettuce, tomato, cheese & tomato sauce

'Homemade' means made on premise in the canteen. All recipes are made with low fat & low salt ingredients.

Menu Term 2, 2009

Sandwiches, Rolls & Wraps

Sandwiches are spread with margarine & served on Wholemeal Bread (White bread on request)

Jam, Honey or

Vegemite Sandwich \$1.00

Basic Sandwich

\$1.00 + choice of filling/s:

Add 50c per filling of:

cheese, tomato, lettuce, carrot, cucumber, beetroot, sprouts or egg (with or without mayo),

Add \$1 per filling of:

Ham, tuna, salmon or Chicken (with or without mayo)

Salad Sandwich

\$2.50

Cheese & Salad sandwich

\$2.50

Meat & Salad Sandwich

\$3.00

Extras:

Bread Roll or Wrap (add) .50c

Salad Boxes

Salad box

\$2.50

includes, lettuce, tomato, carrot, cucumber & sprouts

Salad box with Egg & Cheese

\$3.00

Salad box with Meat

\$3.50

Ham, chicken, tuna or salmon

(includes egg & cheese)

Fresh cut Fruit Salad

\$2.50

Small Fruit Salad cup

\$1.00

'Homemade' Soup

\$2.50

Available daily,

served with a bread roll,

see weekly specials for varieties

Hot Recess Snacks

Mini hot snacks are available to purchase over the counter during recess @ 40c per piece

For example: Days will vary, Mon (Chicken breast crackles), Wed (Garlic Bread on

Turkish), Fri (muffin pizza bites or corn on the cob)

Drinks

Water - small (335ml)

.60c

Water - large (600ml)

\$1.00

Juice Popper

\$1.00

Flavoured Milk:

\$1.80

Chocolate or Strawberry

"Play Water" (still water)

\$1.70

Flavours: Berry, Fruit Tingle, Lemonade..

Quench (carbonated)

\$1.50

Cola & Raspberry flavour

Slush Puppie

\$1.50

(frozen Ice drink with apple fruit base) Flavours: Berry or Grape

Served only over the counter at recess

or lunch - not for lunch orders

Frozen Snack Items

Fruit Jellies

.30c

Quelch Fruit sticks

.40c

Frozen Fruit Ice Bons

.70c

Frozen Juice cups

.70c

Apple or Orange

Frozen Fruit Yoghurt

\$1.50

Bulla Ice Cream tubs

\$1.00

Paddle Pops

\$1.40

Snack Items

Veggie Pack

\$1.00

Carrot & cucumber sticks & dip

Fresh fruit salad tub

\$1.00

Piece of Fruit

.80c

Apple, Orange, Banana

Mini Fruit Muffins

.40c

Popcorn

½ bag .50c Full bag

\$1.00

JJ Snacks

\$1.00

Child's Name	Jack Hardcastle	Child's Class	5/6L
	Chicken Wrap	Include Price	\$2.50
	Kids Moove - Banana		\$1.10
		Total Amount	\$3.60
Money Enclosed	Money Enclosed: \$5.00		
	Change Required: \$1.40		

Please ensure that the lunch order bag is large enough to hold the order. Large bags are available to purchase from the canteen for 5cents each.

** This is an interim menu for 2009 and items and prices may change as required. Any changes will be notified through the P&C or School Newsletter.